

THE PUBLIC SCHOOLS of BROOKLINE
School Health Services

HEAD BUMP NOTE

Dear Parent/Guardian:

Your child received a bump on the head today. There is no evidence that the injury is serious, however, important signs of injury may not develop for several hours after a head bump. Below, find a list of signs that may indicate that a more serious injury has occurred. Please consult your pediatrician and/or take your child to the emergency room should your child experience any of the following symptoms:

- 1) **Vomiting** - this may begin immediately or many hours after the injury
- 2) **Difficulty waking** - Sleeping after a head injury is not dangerous. Upon waking behavior should be normal, with the ability to recognize people and objects. Speech should be clear and coherent.
- 3) **Change in mental status** - confusion, irritability, crying, unusual behavior etc.
- 4) **Vision disturbance** - blurred, double or loss of vision
- 5) **Difficulty walking**, clumsiness or incoordination
- 6) **Seizure or convulsion**
- 7) **New or worsening neck pain**
- 8) **New or worsening headache**

Please share any medical follow-up with your school nurse.

Sincerely,

Tricia Laham, RN
Coordinator for School Health Services